



Livingston County Families

join our next Mental Health Series...

ABCs of Substance Use & Vaping

Ask Questions

Basic Signs

Communicate

Course Created by:
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Do you know the signs to watch for if your pre-teen or teen is vaping or becoming addicted to substance use?

Learn to ask the right questions, spot the basic signs, and learn to communicate with your child.

This session covers the following:

- Signs to watch for:
 - Health issues
 - Behavioral signs
 - Addiction signs
- How to talk to your child about vaping

April 11, 2024



6:30-7:30 PM via Zoom

or check your local district website for an onsite viewing location

SCAN or CLICK TO JOIN ANONYMOUSLY
<https://cookcenter.info/April11Livingston>



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